

**B.A. I Semester
Philosophy
(Major Course)
Paper I : Western Ethics
04 Credits**

Unit-1:

1. Nature and definition of Ethics, Relationship of Ethics with Psychology, Sociology, Political Science, Religion and Metaphysics.
2. The nature and object of moral Judgment.

Unit-2:

1. Postulates of Morality.
2. Freewill of Determinism.
3. Hedonism.

Unit-3:

1. Utilitarianism of Bentham and Mill.
2. Nietzsche's Ethics of will to power.

Unit-4:

1. Kantian Ethics.
2. Perfectionism.

References:

- | | |
|---------------------------|------------------|
| 1. A Manual of Ethics | : J.S. Mackenzie |
| 2. Introduction of Ethics | : William Lillie |
| 3. A Manual of Ethics | : J.N. Sinha |
| 4. Nitishastra | : V.P. Verma |

**B.A. I Semester
Philosophy
(Major Course)
Paper II : Indian Philosophy-1
04 Credits**

Unit-1:

General Characteristics of Indian Philosophy, Systems of Indian Philosophy, and Charges against it.

Unit-2:

Charvaka Philosophy (Epistemology and Metaphysics).

Unit-3:

Jainism - Anekantavada, Syadvada, Doctrine of Substance, Bondages and Liberation.

Unit-4:

Early Buddhism - the doctrine of four noble truths, Pratityasamutpada and Nirvana, Theory of momentariness, nairatmavada, The distinction between Hinayana and Mahayana.

References:

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|---|-----------------------------|
| 1. An Introduction to Indian Philosophy | : D.M. Datta and Chatterjee |
| 2. A Critical Survey of Indian Philosophy | : Prof. C.D. Sharma |
| 3. Outlines of Indian Philosophy | : M. Hiriyana |
| 4. Bhartiya Darshan | : R.M. Pathak |

B.A. 1st Semester
Philosophy
(Minor Course)
Western Ethics & Indian Philosophy-1
04 Credits

Section: A

1. Nature and definition of Ethics, Relationship of Ethics with Psychology, Sociology, Political Science, Religion and Metaphysics.
2. The Nature and Object of Moral Judgment.
3. Postulates of Morality
4. Hedonism and Utilitarianism of Bentham and Mill.
5. Kantian Ethics.

Section: B

1. General Characteristics of Indian Philosophy, Systems of Indian Philosophy, and Charges against it.
2. Charvaka Philosophy (Epistemology and Metaphysics).
3. Jainism - Anekantavada, Syadvada.
4. Early Buddhism - The Doctrine of Four Noble Truths, Pratityasamutpada

References:

1. A Manual of Ethics : J.S. Mackenzie
2. Introduction of Ethics : William Lillie
3. A Manual of Ethics : J.N. Sinha
4. Nitishastra : V.P. Verma
5. An Introduction to Indian Philosophy : D.M. Datta and Chatterjee
6. A Critical Survey of Indian Philosophy : Prof. C.D. Sharma
7. Bhartiya Darshan Ka Sarveksana : Prof. S. L. Pandey
8. Bhartiya Darshan : R.M. Pathak

**B.A. II Semester
Philosophy
(Major Course)
Paper I : Indian Ethics
04 Credits**

Unit-1:

1. Historical Development of Indian Ethics: Concept of Rta and Dharma, Varna Vyavastha and Ashrama Vyavastha.

Unit-2:

1. Indian theory of values (purushartha).

Unit-3:

1. Ethics of Bhagvad Gita: Nishkamakarmayoga, Concept of Svadharma, Sthitpragya and Loksangraha.

Unit-4:

1. The doctrine of Karma, Punarjanma and Atma ki Amarta.
2. Ethical teachings of Buddhism, Jainism and Advaita Vedanta.

References:

1. Ethics of Hindus : S.K. Mitra
2. Bhartiya Nitisastra Ka Itihaas: B.L. Artreye
3. Bhartiya Nitisastra : Diwakar Pathak

**B.A. II Semester
Philosophy
(Major Course)
Paper II: Indian Philosophy-2
04 Credits**

Unit-1:

Samkhya Philosophy: The theory of Satkaryavada, Arguments for the existence of Prakrti and purusa, Plurality of Purusa, The theory of evolution, Bondage and Liberation.

Unit-2:

Nyaya Philosophy: Theory of four pramana-Pratyaksha, Anumana, Sabda and Upamana.

Unit-3:

Advait Vedanta: Nature of Brahman, Atman and Jagat, Doctrine of Maya and the concept of Moksha.

Unit-4:

Vishistadvaita Vedanta: Nature of Brahman, Isvara, Atma and Jagat, Refutation of Maya by Ramanuja and the concept of Moksha.

References:

- | | |
|---|----------------------------|
| 1. An Introduction to Indian Philosophy | :D.M. Datta and Chatterjee |
| 2. A Critical Survey of Indian Philosophy | : Prof. C.D. Sharma |
| 3. Bhartiya Darshan Ka Sarveksana | : Prof. S. L. Pandey |
| 4. Bhartiya Darshan | : R.M. Pathak |

B.A. II Semester
Philosophy
(Minor Course)
Paper : Indian Ethics&Indian Philosophy-2
4 Credits

Section: A

1. Historical Development of Indian Ethics: Concept of Rta and Dharma, Varna Vyavastha and Ashrama Vyavastha.
2. Indian theory of values (purushartha).
3. Ethics of Bhagvad Gita: Nishkamakarmayoga, Concept of Svadharma, Sthitpragya and Loksangraha.
4. The doctrine of Karma, Punarjanma and Atma ki Amarta.

Section: B

1. Samkhya Philosophy: The theory of Satkaryavada, Arguments for the existence of Prakrti and Purusa, Plurality of Purusa.
2. Nyaya Philosophy: Theory of four pramana-Pratyaksha, Anumana.
3. Advait Vedanta: Nature of Brahman, Atman and Jagat, Doctrine of Maya.
4. Vishistadvaita Vedanta: Nature of Brahman, Isvara, Atma and Jagat, Refutation of Maya by Ramanuja.

References:

1. Ethics of Hindus : S.K. Mitra
2. Bhartiya Nitisastra Ka Itihaas: B.L. Artreye
3. Bhartiya Nitisastra : Diwakar Pathak
4. An Introduction to Indian Philosophy :D.M. Datta and Chatterjee
5. A Critical Survey of Indian Philosophy : Prof. C.D. Sharma
6. Bhartiya Darshan : R.M. Pathak

**B.A. III Semester
Philosophy
(Major Course)
Paper I- Introductory Western Logic
04-Credits**

Unit-1: Traditional Western Logic

1. Nature and Definition of Logic, Distinction between deductive and inductive process of reasoning, Relationship between truth and validity.

Unit-2: Informal Fallacies

1. Fallacies of Relevance and Ambiguity.

Unit-3: Categorical Propositions

1. The traditional square of opposition, Further Immediate Inferences, Concept of existential import, Boolean interpretation of traditional square of opposition.

Unit-4: Categorical Syllogism

1. Testing the validity of Syllogism by Venn Diagram Technique and Rules and Fallacies.

References:

1. Introduction to Logic : I.M. Copi
2. Tarka Shastra Ka Parichay : S.L. Pandey & G. Mishra
3. Tarka Shastra : S.K. Seth & Neelima Mishra
4. Tarka Shastra Ka Parichay : Avinash Tiwari

**B.A. III Semester
Philosophy
(Major Courses)
Paper II- Greek and Medieval Western Philosophy
04-Credits**

Unit-1:

1. Introduction of Ancient Greek Philosophy : Milesian School up to Socrates.

Unit-2:

1. Plato's doctrine of Ideas and his proof for Immortality of Soul.

Unit-3:

1. Aristotle's refutation of Platonic theory of Ideas, Distinction of Form and Matter, Doctrine of Causality and Aristotle's argument for proving the existence of God.

Unit-4:

1. Salient features of Scholastic (Medieval) Philosophy, Basic Philosophical Ideas of St. Augustine, St. Anselm and St. Thomas Aquinas.

References:

1. History of Western Philosophy : Thilly and Wood
2. Paschatya Darshan : C.D. Sharma
3. Paschatya Darshan : Y. Masih
4. Western Philosophy : Y. Masih

**B.A. III Semester
Philosophy
(Minor Course)
Paper - Introductory Western Logic & Greek and Medieval Western Philosophy
04-Credits**

Section-A

1. Nature and Definition of Logic, Distinction between deductive and inductive processes of reasoning.
2. Fallacies of Relevance and Ambiguity.
3. The traditional square of opposition, Further Immediate Inferences.
4. Testing the validity of Syllogism by Venn Diagram Technique.

Section-B

1. Introduction of Ancient Greek Philosophy : Milesian School up to Socrates.
2. Plato's doctrine of Ideas and his proof for Immortality of Soul.
3. Aristotle's refutation of Platonic theory of Ideas, Distinction of Form and Matter, Doctrine of Causality.
4. Salient features of Scholastic (Medieval) Philosophy

References:

1. Introduction to Logic : I.M. Copi
2. Tarka Shastra Ka Parichay : S.L. Pandey & G. Mishra
3. Tarka Shastra : S.K. Seth & Neelima Mishra
4. History of Western Philosophy : Thilly and Wood
5. Paschatya Darshan : C.D. Sharma
6. Paschatya Darshan : Y. Masih
7. Western Philosophy : Y. Masih

**B.A. IV Semester
Philosophy
(Major Course)
Paper I- Modern Western Logic
04-Credits**

Unit-1: Modern Western Logic

1. Disjunctive and Hypothetical Syllogism, Dilemma and the ways to overcome it.

Unit-2: Symbolic Logic

1. Truth table technique for testing the validity or invalidity of argument forms and arguments. Characterizing the statement forms as tautology, contradiction and contingent.

Unit-3: Deduction

1. Constructing a formal proof of validity of argument forms and argument.

Unit-4:

1. Mill's Method of Induction.

References:

1. Introduction to Logic : I.M. Copi & Cohen
2. Tarka Shastra Ka Parichay: S.L. Pandey & G. Mishra
3. Tarka Shastra : S.K. Seth & Neelima Mishra
4. Tarka Shastra : R.M. Pathak
5. Tarkshastra Ka Parichay : Avinash Tiwari

**B.A. IV Semester
Philosophy
(Major Credits)
Paper II- Socio-Political Philosophy
04-Credits**

Unit-1:

1. The nature of Social Philosophy and its relation to Sociology, Political Science and Ethics.
2. Relationship between Individual and Society.

Unit-2:

1. Gender justice and women's empowerment.
2. Tradition, Change and modernity.

Unit-3:

1. Political Ideologies: Democracy, communism and socialism.
2. Theories of Punishment.

Unit-4:

1. Methods of Political action: Constitutionalism, Revolution, Terrorism and Satyagraha.
2. Philosophy of Ecology.

References:

1. Samaj Darshan Ka AlochanatmakAdhyayana: S.B. Singh
2. A Critical Introduction to Social Philosophy: R.N. Kaur
3. Samajik Evam Rajnaitika Darshana : R.M. Pathak
4. Political Thought : O.P. Gauba

**B.A. IV Semester
Philosophy
(Minor Course)
Paper I- Modern Western Logic & Socio-Political Philosophy
04-Credits**

Section-A

1. Disjunctive and Hypothetical Syllogism.
2. Truth table technique for testing the validity or invalidity of argument forms and arguments.
3. Characterizing the statement forms as tautology, contradiction and contingent.
4. Constructing a formal proof of the validity of argument forms and arguments.

Section-B

1. The nature of Social Philosophy and its relation to Sociology, Political Science and Ethics.
2. Tradition, Change and Modernity.
3. Political Ideologies: Democracy, communism and socialism.
4. Methods of Political action: Constitutionalism, Revolution, Terrorism and Satyagraha.

References:

1. Introduction to Logic : I.M. Copi & Cohen
2. Tarka Shastra Ka Parichay: S.L. Pandey & G. Mishra
3. Tarka Shastra : S.K. Seth & Neelima Mishra
4. Tarka Shastra : R.M. Pathak
5. Tarkshastra Ka Parichay : Avinash Tiwari
6. Samaj Darshan Ka Alochanatmak Adhyayana: S.B. Singh
7. A Critical Introduction to Social Philosophy: R.N. Kaur
8. Samajik Evam Rajnaitika Darshana : R.M. Pathak
9. Political Thought : O.P. Gauba



EWING CHRISTIAN COLLEGE, PRAYAGRAJ

(A Christian Minority Institution of Church of North India, Diocese of Lucknow) &
(An Autonomous Constituent PG College of Allahabad University)

DEPARTMENT OF PHILOSOPHY YOGA: THEORY & PRACTICE

Skill Enhancement Course (SEC): 02 Credits

The Philosophy department is offering the skill enhancement course “Yoga: Theory & Practice” to the students of the 3rd/4th semester.

Duration: 30 Teaching Hours | **Schedule:** 30–90 Days

Mode: Practical + Theoretical

Course Coordinator: Dr. Sanjay Kumar Shukla (Professor & Head), Department of Philosophy, Ewing Christian College, Prayagraj

Course Overview: Through the integration of theory and practice, the course aims to develop students' skills related to the foundations of yoga, such as philosophy, anatomy, postures (āsanas), breathing techniques (prāṇāyāma), cleansing processes (śatkaṛma), bandhas, mudrās, and meditation. It also enhances physical well-being, emotional balance, and spiritual awareness.

Course Objectives:

- To prepare students for job opportunities by developing professional skills in the wellness and holistic health sectors.
- To introduce the philosophical and scientific foundations of Yoga.
- To enable students to perform basic to intermediate asanas with correct posture.
- To develop awareness of human body systems related to Yoga.
- To apply yogic practices for holistic well-being and stress management.

Course Outcomes (COs):

By the end of this course, learners will be able to:

CO1: Understand and explain the meaning, scope, and purpose of Yoga.

CO2: Demonstrate competence in performing asanas.

CO3: Practice key pranayama techniques and understand their effects.

CO4: Apply cleansing techniques, bandhas, and mudras in daily practice.

CO5: Practice meditation techniques and describe their psychological benefits.

CO6: Enhance professional readiness and job-oriented skills for careers in the wellness and holistic health sectors.

Programme Outcomes (POs):

PO1: Holistic development through mind-body discipline and self-awareness.

PO2: Skill development in health management and stress relief.

PO3: Application of Indian traditional knowledge for modern wellness.

PO4: Enhanced employability in wellness, education, and fitness sectors.

Course Content Outline:

Module 1: Introduction to Yoga (2 hours)

- Definition and philosophy of Yoga
- Purpose and benefits in modern life
- Utility in education, health, and lifestyle management

Module 2: Human Anatomy and Physiology (2 hours)

- Basic structure and functions of the human body
- Muscles, joints, and respiratory system overview

Module 3: Yogic Postures (Asanas) – Practical (12 hours)

- Subtle Exercises and Surya Namaskār with Mantras – Āsanās including: Padmāsana, Siddhāsana, Vajrāsana, Bhujangāsana, Sarvāṅgāsana, Dhanurāsana, Shirshāsana, etc.

Module 4: Pranayama and Breathing Techniques (4 hours)

- Respiratory methods: Abdominal, Thoracic, Compound breathing – Prāṇayama Practices: Nadishodhana, Bhastrikā, Bhrāmari, Shīṭali, Shītkari, Ujjayi, Surya-Bhedana, Chandra-Bhedana

Module 5: Bandhas and Mudras (4 hours)

- Bandhas: Moolabandha, Uddiyanā, Jalandhara, Mahābandha – Mudrās: Gyān, Prāna, Apāna, Linga, Chin, Chinmaya, Adī, Yoga Mudrā, Khecharī, Mahā Mudra, etc.

Module 6: Shatkaṛma / Cleansing Techniques (2 hours)

- Dhautī, Vastī, Netī, Trātak, Naulī, Kapāl Bhātī

Module 7: Meditation – Theory and Practice (4 hours)

- Nature, types, and benefits of meditation - Practices: Breath awareness, Mantra meditation, Trāṭaka

Assessment Plan:

	Component	Marks
i.	Attendance & Participation	30
ii.	Practical Demonstration	40
iii.	Written/Oral Test	30

Note: Students' marks will be converted into grades.



EWING CHRISTIAN COLLEGE ALLAHABAD

(An Autonomous Constituent College of Allahabad University)

Lecture List of B.A. Part III Department of Philosophy

5TH SEMESTER

Paper I : Western Epistemology

Unit - 1 :

1. Nature and scope of Epistemology, Distinction between epistemology and psychology.
2. Knowledge - Belief relationship.

Unit - 2 :

1. Kinds of knowledge : Apriori and Aposteriori knowledge, Analytic and Synthetic propositions and the possibility of synthetic a priori judgement (propositions).
2. Sources of knowledge : Sense experience, reason and intuition.

Unit - 3 :

1. Nature and criterion of truth : Correspondence, coherence and pragmatic theory of truth.
2. Problem of personal identity.

Unit - 4 :

1. Nature of Universals : Realism, Conceptualism, Nominalism and Similarity theory.
2. Problem of Induction and its different solutions.

References :

1. An Introduction of Philosophical Analysis : John Hospers
2. Problems of knowledge : A. J. Ayer
3. Gyana-Mimamsa : Prof. Daya Krishna
4. Gyana-Mimamsa : Prof. Rajendra Prasad
5. Theory of knowledge : Chisholm
6. Darshan Ke Mool Tattva : Prof. Arjun Mishra
7. Fundamental Questions of Philosophy : A.C. Ewing
8. Gyana-Mimamsa Ke Mool Prashna : H.S. Upadhyaya
9. Gyan-Darshan : S.K. Seth and Nilima Mishra

Paper II

Philosophy of Religion - I

Teacher : Dr. B. Singh

Unit - 1 :

Nature and scope of Philosophy of Religion, Distinction between religion, philosophy of religion and theology. Kinds of theology : Natural and Revealed.

Unit - 2 :

Foundations of Religious beliefs : Faith, Reason, Revelation and Mysticism.

Unit - 3 :

Idea of God : Pantheism, Panentheism, Theism, Deism, God and Absolute.

Unit - 4 :

Nature and problem of religious language.

References :

1. God and Reason : Ed. Miller
2. Philosophy of Religion : J. Hick
3. Dharma Darshan Ki Mool Samsyayen: V.P. Verma
4. Samanaya Dharma Darshan, Aur
Darshnik Visleshan : Y. Mashih
5. Dharma Darshan Ki Roop Rekha : H.P. Sinha
6. Glimpses of World Religion : S. Radhakrishnan
7. Dharma Darshan Ka
Alochantamak Adhyayan : S.B. Singh

Paper III

Modern Western Philosophy - I (From Descartes to Hume)

Teacher: Dr. J. K. Saxena

Unit - 1 :

1. Descartes : Cartesian method of Universal Doubt, Cogito ergo sum, Argument proving the existence of God, Certainty of the world, Doctrine of Substance.
2. Spinoza : Doctrine of Substance, Attributes and modes, Pantheism, Intellectual love of God.

Unit - 2 :

1. Leibniz : Monadology, Doctrine of Pre-established Harmony.
2. Locke : Nature, kind and Validity of knowledge, Refutation of Innate ideas.

Unit - 3 :

1. Berkley : Rejection of material substance - refutation of abstract ideas and the distinction between primary and secondary qualities, Esse est percipi, evaluating Berkelian idealism.
2. Hume : Theory of knowledge, Doctrine of Causality, Concept of self, Scepticism.

Unit - 4 :

1. Development of rationalism with special reference to mind - body problem and the doctrine of substance (Absolute).
2. Development of empiricism from Locke to Hume.

References :

- | | |
|---|----------------------|
| 1. History of Western Philosophy | : Thilly and Wood |
| 2. Students History of Western Philosophy | : Prof. Rogers |
| 3. History of Western Philosophy | : Prof. Falckenberg |
| 4. History of Modern Western Philosophy | : Prof. R. Pati |
| 5. Paschatya Darshan Ka Itahas Vol. I | : Prof. Dayakrishna |
| 6. Adhunik Darshan Ki Bhumika | : Prof. S. L. Pandey |
| 7. Paschatya Darshan | : Prof. C.D. Sharma |
| 8. Paschatya Darshan | : Y. Masih |
| 9. Paschatya Darshan | : Dr. H.S. Upadhyay |
| Udbhav, Vikas our Pravthiyan | |
| 10. Paschatya Darshan | : Prof. S. L. Pandey |

6TH SEMESTER

Paper I : Indian Epistemology

Unit - 1 :

1. Nature and scope of Epistemology, and its relationship with metaphysics.
2. Definition and criterion of prama or valid knowledge.
3. Definition of Pramana or source of valid knowledge.
4. Critical and comparative account of pratyaksha (perception in different schools of Indian philosophy.

Unit - 2 :

1. The definition, ground and classification of Anumana (Inference), Hetvabhasa (fallacies of Inference).
2. Sabda Pramana (verbal testimony) its definition and classifications.

Unit - 3 :

1. Definition of Upmana (Comparison) and its different views about it.
2. Arthapatti as an independent source of knowledge.
3. Anupalabdhi (non-apprehension) as an independent source of knowledge.

Unit - 4 :

1. Different theories of pramanyavada (validity of knowledge), Debate between Svatah Pramanyavada and Partah pramanyavada.

2. Khyativada - different theories of error : idealistic and realistic

References :

1. Six Ways of Knowing : D.M. Datta
2. Nyaya Theory of knowledge : S.C. Chatterji
3. Bhartiya Darshanika Samasyain : Kishore Sharma
4. Nyaya Mimamsa : Chakra Dhar Bijalwan
5. Pramana Shastra : B.N. Singh
6. History of Indian Epistemology : Jwala Prasad
7. Darshanika Nibbandha : B.D. Bandishta
8. Bhartiya Gyan Mimansa : Neelima Sinha

Paper II :

Philosophy of Religion - II

Teacher - Dr. C. P. Singh

Unit - 1 :

Different arguments proving the existence of God : Ontological, Cosmological teleological and moral argument based on religious experience.

Unit - 2 :

Problem of evil and its different solutions.

Unit - 3 :

The immortality of Soul, Destiny of Soul, Moksha and its pathways.

Unit - 4 :

Secularism, Unity of all religions, Religious tolerance and the possibility of Universal religion.

Paper III :
Modern Western Philosophy - II (From Kant to Moore)

Unit - 1 : Kant

1. Criticism or Kantian reconciliation between rationalism and empiricism.
2. Kantian notion of space and time.
3. Metaphysical and transcendental deduction of Categories.

Unit - 2 :

1. Kantian distinction of Analytic and Synthetic distinction and the nature and possibility of synthetic a priori judgement.
2. Phenomena and Noumena distinction.
3. Development of Idealism from Kant to Hegel : Idealism of Fichte and Schelling.

Unit - 3 :

1. Hegel : Nature of Absolute, Dialectical method & Hegelian dictum - Real is rational and rational is real.
2. Bradley : Doctrine of Appearance and Reality & his Absolute idealism.

Unit - 4 :

1. William James : Pragmatic theory of truth and radical empiricism.
2. G.E. Moore : Refutation of Idealism and Philosophy of Sense - Data.

References :

1. Chief Currents of Contempotary Philosophy : D.M. Datta
2. Paschatya Darshan Ka Itihas Vol. II : Dayakrishna
3. Samkaalin Paschatya Darshan : B. K. Lal
4. Samkaalin Paschatya Darshan : Laxmi Saxena
5. An Inquiry Concerning Reason in Kant-
and Samkara : R.L. Singh
6. A Monograph on Kant's Philosophy : Dr. M.P. Singh
7. A hand book of Kant : Raas Bihari Dass
8. A Short Commentary on Kant's-
Critique of pure Reason : A.C. Ewing
9. Paschatya Darshan Udphav-
Vikas evam Parvrattiyan : H.S. Upadhyay
10. Paschatya Darshan Ki Pravrttiya : J.S. Srivastava
11. Kant' Coper nican Revolution : S. K. Shukla